

3er-Teamwertung-Gesamt

32. Lümmellauf -17.01.2010

SSC Hagen Ahrensburg

18. Jan. 10

23:23

10 km - M

| Rang | Name, Vorname | KL | PG | PK | Einzelzeit | Mannschafts-Zeit |
|-----------|-----------------------------|--------|------|-----|------------|-------------------|
| 1 | TSV Bargteheide TRI | | | | | 01:59:02.1 |
| | Bergemann,Stephan | M 30 | 1. | 1. | 36:23.9 | |
| | Krohn,Jens | M 50 | 11. | 1. | 40:56.9 | |
| | Günther,Tino | M 40 | 15. | 4. | 41:41.3 | |
| 2 | TRI Michels Hamburg | | | | | 01:59:41.6 |
| | Dicke,Benjamin | M | 2. | 1. | 36:51.8 | |
| | Tychsen,Frederik | M 35 | 7. | 1. | 39:15.1 | |
| | Fiedler,Thilo | M | 24. | 4. | 43:34.7 | |
| 3 | Spiridon Oldesloe | | | | | 02:03:05.0 |
| | Kampfenger,Philipp | MJGD A | 8. | 2. | 39:20.3 | |
| | Ückert,Jascha | MJGD B | 14. | 1. | 41:29.2 | |
| | Gehrke,Thomas | M 45 | 16. | 3. | 42:15.5 | |
| 4 | Möllner SV | | | | | 02:07:33.2 |
| | Kühne,Michael | M 40 | 5. | 2. | 37:34.5 | |
| | Gräper,Michael | M 45 | 12. | 1. | 41:08.7 | |
| | Eickhoff,Willi | M 55 | 58. | 5. | 48:50.0 | |
| 5 | RC Favorite Hammonia | | | | | 02:13:23.7 |
| | Hinkel,Per-Johann | MJGD A | 6. | 1. | 39:07.9 | |
| | Grabe,Jörg | M 45 | 33. | 5. | 45:40.6 | |
| | Beeck,Jürgen | M 55 | 54. | 3. | 48:35.2 | |
| 6 | LT Reinbek | | | | | 02:13:49.5 |
| | Sommerfeld,Roland | MJGD A | 18. | 3. | 42:31.6 | |
| | Knaack,Jürgen | M 55 | 23. | 1. | 43:29.0 | |
| | Skotarczak,Matthias | M 40 | 48. | 13. | 47:48.9 | |
| 7 | TSV Bargteheide TRI | | | | | 02:14:04.2 |
| | Schleuß,Michael | M 45 | 18. | 4. | 42:31.9 | |
| | Willner,Volker | M 50 | 28. | 2. | 44:24.6 | |
| | Stüfen,Sönke | M 45 | 44. | 8. | 47:07.7 | |
| 8 | Spiridon Oldesloe | | | | | 02:14:23.5 |
| | Gehrke,Finn | MJGD B | 20. | 2. | 42:44.3 | |
| | Buchmann,Peter | M 40 | 35. | 9. | 45:47.3 | |
| | Fregin,Andreas | M 45 | 36. | 6. | 45:51.9 | |
| 9 | SV Großhansdorf | | | | | 02:19:18.2 |
| | Steevendaal,Udo van | M 40 | 2. | 1. | 36:51.1 | |
| | Lohmeier,Dirk | M 55 | 65. | 6. | 49:06.2 | |
| | Michl,Holger | M 40 | 100. | 22. | 53:20.9 | |
| 10 | SSC Hagen Ahrensburg | | | | | 02:26:31.7 |
| | Stamer,Tobias | M 40 | 40. | 10. | 46:25.9 | |
| | Rohr,Markus | M 40 | 47. | 12. | 47:36.2 | |
| | van Wahden,Matthias | M 45 | 94. | 22. | 52:29.6 | |
| 11 | ATSV Stockelsdorf | | | | | 02:26:58.3 |
| | Oestreich,Ralf | M 45 | 43. | 7. | 46:51.0 | |
| | Salzwedel,Peter | M 50 | 66. | 8. | 49:20.5 | |
| | Schött,Jan | M 30 | 76. | 5. | 50:46.8 | |
| 12 | TSV Bargteheide TRI | | | | | 02:29:39.7 |
| | Tack,Holger | M 45 | 63. | 12. | 49:03.3 | |
| | Franz,Gerd | M 60 | 71. | 1. | 49:48.3 | |
| | Sanitz,Tilman | M 45 | 77. | 16. | 50:48.1 | |
| 13 | RC Favorite Hammonia | | | | | 02:30:38.0 |
| | Schröder,Andreas | M 50 | 59. | 7. | 48:51.7 | |
| | Özozan,Ertan | M 40 | 73. | 18. | 50:28.7 | |

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| | | | | | |
|-----------------------------------|------|------|-----|-----------|-------------------|
| Jürjens,Klaas | M 40 | 80. | 19. | 51:17.6 | |
| 14 Spiridon Oldesloe | | | | | 02:36:07.7 |
| Rowlin,Bernd | M 65 | 64. | 1. | 49:05.7 | |
| Ball,Thomas | M 50 | 83. | 9. | 51:41.8 | |
| Henn,Ulrich | M 45 | 137. | 30. | 55:20.2 | |
| 15 Arnesboken Runners | | | | | 02:38:17.3 |
| von Schwartz, Frank | M 45 | 81. | 17. | 51:28.9 | |
| Pöhlsen,Hans-Werner | M 60 | 97. | 2. | 53:05.0 | |
| Schlacht,Oliver | M 40 | 104. | 23. | 53:43.4 | |
| 16 TSV Bargteheide TRI | | | | | 02:38:32.9 |
| Wilke,Dirk | M 40 | 86. | 20. | 51:54.1 | |
| Duszynski,Robert | M 40 | 96. | 21. | 52:54.0 | |
| Ohlsen,Torsten | M 45 | 105. | 23. | 53:44.8 | |
| 17 LT Reinbek | | | | | 02:40:18.9 |
| Böhlen von,Uwe | M 70 | 99. | 1. | 53:15.3 | |
| Manusch,Volker | M 50 | 101. | 11. | 53:29.1 | |
| Coornds,Jürgen | M 60 | 102. | 4. | 53:34.5 | |
| 18 LT Reinbek | | | | | 02:42:30.4 |
| Fischer,Holger | M 60 | 113. | 5. | 53:57.9 | |
| Sudrow,Hartmut | M 55 | 114. | 7. | 54:00.1 | |
| Lucchesi,Klaus | M 65 | 122. | 3. | 54:32.4 | |
| 19 ATSV Stockelsdorf | | | | | 02:42:33.8 |
| Kühmann,Thomas | M 45 | 108. | 25. | 53:49.2 | |
| Eulig,Jens | M 50 | 111. | 12. | 53:55.7 | |
| Kließ,Ingo | M 60 | 127. | 6. | 54:48.9 | |
| 20 ATSV Stockelsdorf | | | | | 02:46:35.6 |
| Lietzke,Norbert | M 65 | 131. | 4. | 55:00.7 | |
| Stapelfeld,Bernd | M 45 | 134. | 29. | 55:14.9 | |
| Denker,Thomas | M 55 | 148. | 11. | 56:20.0 | |
| 21 AMTV Hamburg | | | | | 02:49:31.4 |
| Heineke,Matthias | M 35 | 9. | 2. | 40:12.3 | |
| Dannehl,Hans | M 50 | 215. | 31. | 1:02:09.6 | |
| Dierkes,Hajo | M 65 | 262. | 11. | 1:07:09.5 | |
| 22 RC Favorite Hammonia | | | | | 02:50:14.9 |
| Johannsen,Lars | M 40 | 133. | 25. | 55:02.8 | |
| Poscharsky,Horst | M 70 | 154. | 3. | 57:10.2 | |
| Johannsen,Thorsten | M 45 | 164. | 32. | 58:01.9 | |
| 23 LT Eilbeker Lauffreunde | | | | | 02:56:12.9 |
| Kellermann,Peter | M 50 | 143. | 16. | 56:00.7 | |
| Mileta,Stephan | M 35 | 179. | 10. | 59:03.6 | |
| Stöcks,Uwe | M 50 | 204. | 27. | 1:01:08.6 | |
| 24 ATSV Stockelsdorf | | | | | 02:56:41.3 |
| Nehmdahl,Dieter | M 65 | 162. | 6. | 57:51.1 | |
| Binding,Bernhard | M 65 | 177. | 7. | 58:53.5 | |
| Lüchau,Heinz | M 55 | 189. | 15. | 59:56.7 | |
| 25 LT Reinbek | | | | | 02:58:23.3 |
| Druba,Norbert | M 65 | 138. | 5. | 55:45.9 | |
| Wolke,Gerhardt | M 70 | 155. | 4. | 57:17.8 | |
| Harbecke,Volker | M 55 | 251. | 18. | 1:05:19.6 | |
| 26 SV Großhansdorf | | | | | 03:05:34.6 |
| Reppel,Götz | M 50 | 111. | 12. | 53:55.5 | |
| Schwarzer,Hans-Gerd | M 55 | 123. | 8. | 54:35.4 | |
| Schaarschmidt,Wolfgang | M 75 | 301. | 2. | 1:17:03.7 | |
| 27 LT Eilbeker Lauffreunde | | | | | 03:15:51.3 |
| Saß,Bijan | M 45 | 221. | 38. | 1:02:34.7 | |

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| | | | | | |
|-----------------------------|------|------|-----|-----------|-------------------|
| Obrikat,Thomas | M 50 | 230. | 33. | 1:03:29.9 | |
| Noel,Manfred | M 60 | 279. | 7. | 1:09:46.7 | |
| 28 ATSV Stockelsdorf | | | | | 03:19:49.9 |
| Schmidt,Wolfgang | M 50 | 210. | 29. | 1:01:40.5 | |
| Gotthard,Gerhard | M 75 | 266. | 1. | 1:07:51.8 | |
| Hüttmann,Michael | M 45 | 281. | 40. | 1:10:17.6 | |

Gesamtanzahl der Mannschaften : 28

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10 km - W

| Rang | Name, Vorname | KL | PG | PK | Einzelzeit | Mannschafts-Zeit |
|-----------|-----------------------------|--------|------|-----|------------|-------------------|
| 1 | Spiridon Oldesloe | | | | | 02:20:23.3 |
| | Prieske,Anna | WJGD A | 25. | 1. | 43:47.0 | |
| | Baade,Lena | WJGD A | 37. | 2. | 45:55.4 | |
| | Stein,Ulrike | W | 74. | 1. | 50:40.9 | |
| 2 | Spiridon Oldesloe | | | | | 02:37:48.4 |
| | Ehlers-Rowlin,Anke | W 50 | 78. | 1. | 50:53.0 | |
| | Harder,Bente | WJGD A | 95. | 3. | 52:30.9 | |
| | Buchmann,Mira | W 35 | 120. | 3. | 54:24.5 | |
| 3 | TSV Bargteheide TRI | | | | | 02:40:57.1 |
| | Lange,Bettina | W 40 | 38. | 1. | 46:00.3 | |
| | Pruß,Birgit | W 45 | 140. | 1. | 55:55.4 | |
| | Tack,Andrea | W 40 | 178. | 6. | 59:01.4 | |
| 4 | ATSV Stockelsdorf | | | | | 02:49:37.6 |
| | Ellerhold,Susann | W 55 | 124. | 1. | 54:37.6 | |
| | Kupsch,Angela | W 40 | 159. | 4. | 57:25.0 | |
| | Fasch,Birgit | W 45 | 160. | 3. | 57:35.0 | |
| 5 | ATSV Stockelsdorf | | | | | 03:07:58.6 |
| | Eulig,Birgit | W 50 | 171. | 4. | 58:21.4 | |
| | Petersen,Christiane | W 55 | 234. | 5. | 1:04:13.7 | |
| | Münchenberg,Claudia | W 45 | 252. | 14. | 1:05:23.5 | |
| 6 | LT Reinbek | | | | | 03:09:04.4 |
| | Sinkewiitsch,Gill | W 40 | 176. | 5. | 58:42.5 | |
| | Wierich,Lisa | W 55 | 181. | 3. | 59:10.9 | |
| | Witte,Doris | W 60 | 286. | 3. | 1:11:11.0 | |
| 7 | Forschungsgruppe GDP | | | | | 03:16:09.9 |
| | Lüth,Maren | W 35 | 201. | 5. | 1:00:50.4 | |
| | Heyer,Anke | W 35 | 202. | 6. | 1:00:51.1 | |
| | Witte,Christine | W 40 | 293. | 17. | 1:14:28.4 | |
| 8 | ATSV Stockelsdorf | | | | | 03:22:03.9 |
| | Denker,Sabine | W 45 | 254. | 16. | 1:05:42.0 | |
| | Posselt,Elke | W 50 | 265. | 10. | 1:07:43.5 | |
| | Peters,Petra | W 45 | 273. | 20. | 1:08:38.4 | |
| 9 | TSV Siems | | | | | 03:26:43.9 |
| | Soyk,Dagmar | W 45 | 226. | 9. | 1:03:00.4 | |
| | Neumann,Tanja | W 40 | 285. | 15. | 1:11:02.6 | |
| | Graf,Kerstin | W 35 | 290. | 14. | 1:12:40.9 | |
| 10 | LT Reinbek | | | | | 03:56:47.2 |
| | Lorenz,Hannelore | W 70 | 298. | 1. | 1:16:19.9 | |
| | Bobzin,Apollonia | W 70 | 305. | 3. | 1:19:41.7 | |
| | Tischler,Erika | W 65 | 307. | 2. | 1:20:45.6 | |

Gesamtanzahl der Mannschaften : 10